

PRACTICED ROUTINES:

Positive Behavior Support Program for Parents

Developed by Dr. Meme Hieneman, BCBA & IRIS Educational Media

Delivered by Behavior Research Team members from the UMass Amherst School Psychology program under the supervision of Dr. Sarah Fefer, BCBA

Have you ever struggled to understand your child's behavior? Perhaps you have a New Year's resolution to have more positive family time? Join us for Practiced Routines!

Routines are important to families, but may be difficult to establish in families raising children with challenging behavior. During this training, you will learn about the different purposes your child's behavior might serve and how to use proactive, teaching, and management strategies that fit your home and community circumstances.

If you have a child in preschool or elementary school and would like to learn how to use the principles of Positive Behavior Support to improve your valued routines and family life in general, you are a great candidate for a **FREE 3-week parent training program called Practiced Routines.**

Sessions-at-a-Glance

Session 1 on 1/10	Session 2 on 1/17	Session 3 on 1/24
<ul style="list-style-type: none">• Introduction/Overview• Identifying Goals/Routine• Recording Behavior and Finding Patterns	<ul style="list-style-type: none">• Activity Check• Analyzing Patterns• Creating a Routine-Based Behavior Support Plan	<ul style="list-style-type: none">• Activity Check• Using Plan with Fidelity• Transferring to New Routines• Maintaining Practices
Practice Activities	Practice Activities	
<ul style="list-style-type: none">• Watch: Watching and Recording Behavior & Identifying Patterns• Do: Recording Behavior & ABC Recording	<ul style="list-style-type: none">• Watch: Proactive Strategies, Teaching Skills, & Managing Consequences• Do: Routine-Based Plan & Recording Behavior	

Training Dates/Times: Thursdays from 5:30-7:30 (January 10, 17, & 24)

Family style dinner will be provided, and childcare will be available by request

Training Location: Furcolo Hall, University of Massachusetts Amherst

To register for this FREE training or to learn more:

Email Simone Boykin at sboykin@umass.edu OR call Marina Donnelly at 908-462-2124

Hurry, registration will close on January 7th, 2019

Hope to see you soon!



Practiced Routines™
Improving Family Life for Children with Autism and Developmental Disabilities